



COACHING CONVERSATIONS

COACHING FOR PERFORMANCE IMPROVEMENT

Course objectives

Successful completion of this course will increase your knowledge and ability to:

- ✓ Identify the four steps of a coaching session and how they are applied in various contexts
- ✓ Recognize the correct application of inquiry and advocacy in a coaching session
- ✓ Apply basic coaching techniques to coaching for:
 - Performance improvement
 - Career development
 - Training for specific skills
 - Coaching a business team