

COACHING CONVERSATIONS

COACHING FOR PERFORMANCE IMPROVEMENT

Course objectives

Successful completion of this course will increase your knowledge and ability to:

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- ✓ Identify the four steps of a coaching session and how they are applied in various contexts
- ✓ Recognize the correct application of inquiry and advocacy in a coaching session
- ✓ Apply basic coaching techniques to coaching for:
 - o Performance improvement
 - o Career development
 - o Training for specific skills
 - o Coaching a business team